



Blood Pressure Monitor **WatchBP Home**

- Doctors' solution to get reliable patients' home blood pressure
- Strictly follows the European Society of Hypertension (ESH) guidelines

Clinically Tested
ESH Protocol

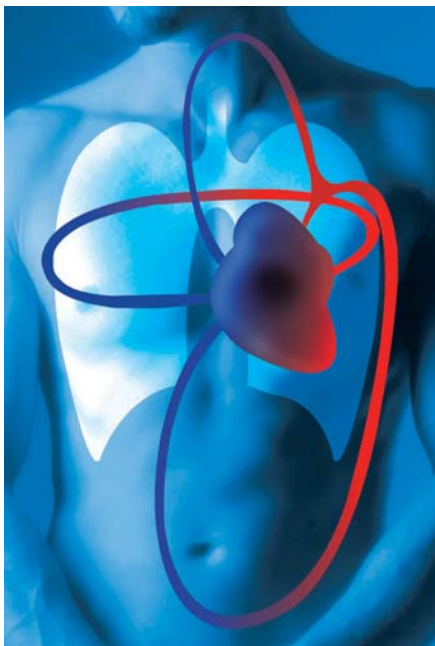


WatchBP Home



microlife[®]

Illustration for Doctors



Blood Pressure Monitor WatchBP Home

- Self-blood pressure monitoring by patients at home has been endorsed by hypertension societies as an important adjunct to the conventional office blood pressure measurements
- The Microlife WatchBP Home is designed to provide reliable and unbiased patients' home readings, strictly following the European Society of Hypertension (ESH) recommendations¹
- The accuracy of the monitor has been clinically validated according to the ESH protocol

¹ European Society of Hypertension recommendations for conventional, ambulatory and home blood pressure measurement

O'Brien E, Asmar R, Beilin L, Imai Y, Mallion JM, Mancia G, Mengden T, Myers M, Padfield P, Palatini P, Parati G, Pickering T, Redon J, Staessen J, Stergiou G, Verdecchia P, on behalf of the European Society of Hypertension Working Group on Blood Pressure Monitoring



«DIAG.» mode: follows ESH schedule

«USUAL» mode: casual blood pressure readings can be taken at any time/day; 250 measurements memory



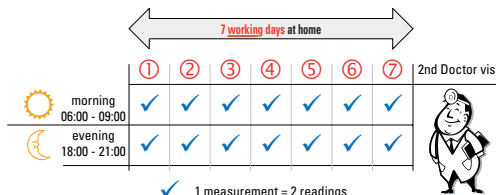
The device has PC link capacity to display, store or print through a PC all BP data. Data also can be exported as a Microsoft Excel file.



1

1. Doctor

The doctor asks patient to take home readings for 7 consecutive working days with the WatchBP Home.



2

2. Home

The patient monitors at home by following a strict schedule in accordance with the ESH recommendations (duplicate morning and evening measurements for 7 working days).

In the «DIAG.» mode the device allows for only two BP measurements to be taken in the morning (6-9 am) and another two in the evening (6-9 pm). After completing 7 days, the device displays a symbol suggesting that the patient has to consult his/her doctor.



3

3. Doctor

Pressing the memory button on the device displays the average of all measurements after discarding those of the first day (exactly as recommended by the ESH).

Subsequent pressing the memory button displays average morning and evening readings as well as individual measurements.

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